



2010 is bringing exciting changes to Healthy By Choice as we strive to serve you better!

New Spa Services Introducing our New SPA Practitioners.

We are excited to introduce Nancy Johnston and Middletown Dental Hygiene in our downstairs unit. Nancy Johnston RDH has over 20 years experience and provides Regulated Primary Oral Health Care, with improved access and lower rates, that is covered by Dental Insurance. Nancy offers One-Hour Whitening, Digital XRays, and Sports Mouth Guards and is Eco Friendly and Mobile. Come and visit Nancy in . . . the Smile Spa!

We are proud to announce that Angela Pucci is joining us in one of our upstairs units. Angie, who is a registered Massage Therapist, has worked out of a Day Spa for the last 5 years. As part of her commitment to excellence, she is continually taking courses to deepen her knowledge and skills in a variety of techniques that will benefit her clients.

Esther our Massage Practitioner and Jennifer our Esthetician are excited to continue offering their Spa Services to new and existing clients.

Healthy By Choice Expands: Physically

As the year turns, we have decided to physically expand Healthy By Choice so that we can offer you more of the great health products you've come to know and trust us for, as well as a few exciting surprises. Please bear with us (and any potential construction dust) as we implement these exciting changes. We are planning an Open House for February, but please stop by to get a glimpse of these exciting changes as they take place today.

We look forward to serving you in 2010!

Mary